BECKY TAYLOR FAMILY MEDIATION

FREE GUIDE · AFTER MEDIATION

Moving On After Mediation

Practical next steps after reaching agreement and closing this chapter.

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beckytaylormediation.co.uk · hello@beckytaylormediation.co.uk · 07891 098 369

Getting Your Consent Order Approved

You have reached agreement in mediation — congratulations. Now you need to make it legally binding.

Instruct a solicitor to draft your Consent Order based on your Memorandum of Understanding. Once drafted, reviewed, and signed by both parties, your solicitor submits it to court with Form A and a £50 fee.

The court typically approves Consent Orders within 4–8 weeks. Once sealed, it is legally enforceable and provides you both with protection and finality.

> **Do not skip this step**
>
> Without a Consent Order, your agreement is just an informal understanding. Either party can change their mind or make future financial claims. Get the Consent Order done.

Updating Your Legal and Financial Affairs

Update your will

Your existing will may leave everything to your ex-spouse. Update it immediately to reflect your new circumstances and ensure your assets go to your children or chosen beneficiaries.

Change beneficiaries

- Life insurance policies
- Pension death benefits
- ISAs and investments
- Bank accounts with payable-on-death clauses

Review your Lasting Power of Attorney

If your ex-spouse is named as your attorney, revoke it and appoint someone else.

Update your emergency contacts

- GP surgery
- Children's schools
- Employer
- Bank and credit cards

Telling Your Children

If you have agreed on child arrangements in mediation, your children need to know what the plan is — but in age-appropriate, reassuring language.

What to Say

"Mum/Dad and I have agreed on a plan for where you will live and when you will spend time with each of us. You will live with [parent] during the week and stay with [parent] on [days]. We both love you very much and this plan helps make sure you see both of us."

What not to say

- Do not **blame the other parent**
- Do not **ask children to choose sides**
- Do not **share financial details**
- Do not **burden them with adult emotions**

Reassure them

Children need to hear: "This is not your fault. We both love you. You will still see both of us. Your home and school are not changing."

Practical Admin Tasks

Financial Admin

- [ ] Close joint bank accounts
- [ ] Remove your ex as an authorized user on credit cards
- [ ] Update your address with HMRC, DVLA, electoral roll
- [ ] Inform your employer of your new status (for tax, pensions, benefits)

Property and Housing

- [ ] If selling the family home, instruct estate agents and solicitors
- [ ] If one of you is staying, update mortgage and title deeds
- [ ] Update home insurance and utilities into one name

Children

- [ ] Inform school of new contact details and arrangements
- [ ] Update GP, dentist, and any specialists
- [ ] Adjust childcare or after-school club bookings

"It feels like endless admin, but ticking these off brings closure and clarity."

You have done the hard part

Reaching agreement and moving forward takes courage. You should be proud of yourself. If you need support as you adjust to your new chapter, we are here.

Need support for the road ahead?

If questions come up as you put your agreement into practice, we are here to help. Book a free call any time.

BOOK A FREE 30-MINUTE CALL

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